

The Two-Weekly Wrap

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Special points of interest:

- Wall of Fame
- A Challenge is Coming
- Special Mention—Amy Cassidy

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The Last 6 Weeks

I must begin by stressing how impressed I have been by the resilience and hard work our youngsters have shown in these difficult times. We know that this does not happen by chance and we do not underestimate your considerable support to build upon the work by the Park Hall teaching and support staff.

As the half term break approaches, **the school will be closed to all students including those in the Key Worker and Vulnerable students classes.** Please do continue to follow local and national guidance, and we need to remain socially responsible. I understand many of us have grown fatigued by the situation, but we need to keep going.

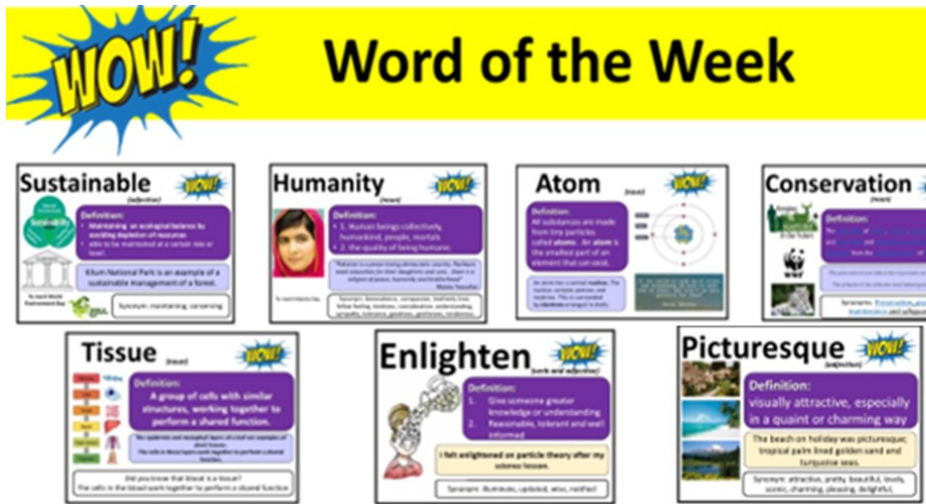
We await further guidance on the government's plan for the wider re-opening of schools in March and I will write to you once we understand what the expectations are.

Many thanks for your support and understanding; we will be sending out more information and updates as we have more information to share.

Dr Close,
Associate Headteacher

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WORD OF THE WEEK		High Expectations
WOW	Definition	
Impression	An idea, feelings or opinion about something.	
Participle	Takes part in an action or endeavour.	
Enlighten	Give someone an idea, knowledge and understanding.	
Sustainable	Of a certain kind or level, or of a certain standard, which is able to last.	
Humility	A feeling of not being too good or too important.	
Alone	By oneself, without the help of others.	
Picturesque	Visually attractive (places).	
Conservation	Protection and saving of natural resources.	
Term	Meaning	
Tissue	A thin, moist layer of cells or material, constituting a part of an organism.	
Demographic	Statistics or characteristics of a population.	
Estimate	To make a rough calculation or judgment.	
The value disparity	A great difference or contrast of value or quality.	
Integrity	Having strong moral principles.	
Interventions	Actions or measures intended to change a situation.	
Festive	Celebratory and joyous.	
times	times	
Resolution	An official decision or a promise to do something.	
Influence	The power to have an effect on someone or something.	
Joining	Putting two or more things together to make a whole.	
Comments	Remarks or opinions.	
Magnitude	The size or extent of something.	
erm	erm	

Well done to 7A1 English

You are the first class to achieve 10 million words!! Mrs Shabir is super impressed!!

Make sure to log in to MyOn over half-term! Scan the codes next to each book using your phone camera.



Each shelf represents our
KS3 groups and their new
units!

Year 9 – Speech Writing
Year 8 – Heroes & Villains
Year 7 – Travel Writing

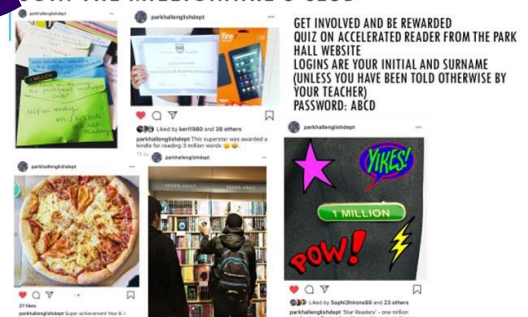


All year groups now have access to a reading programme called MyOn. Most will have had a go reading through it too. This allows students to read books online – even with the assistance of an audio book – then quiz to improve their reading age. **All successful quizzes go towards student word counts.**

The image shows the different QR codes for books suitable and chosen for Year 7-9. If the students use their cameras to scan the code, it will take them to the book on the MyOn page. **Have a go, lets read a book this half term!**

Can you....
JOIN THE MILLIONA

JOIN THE MILLIONAIRE'S CLUB



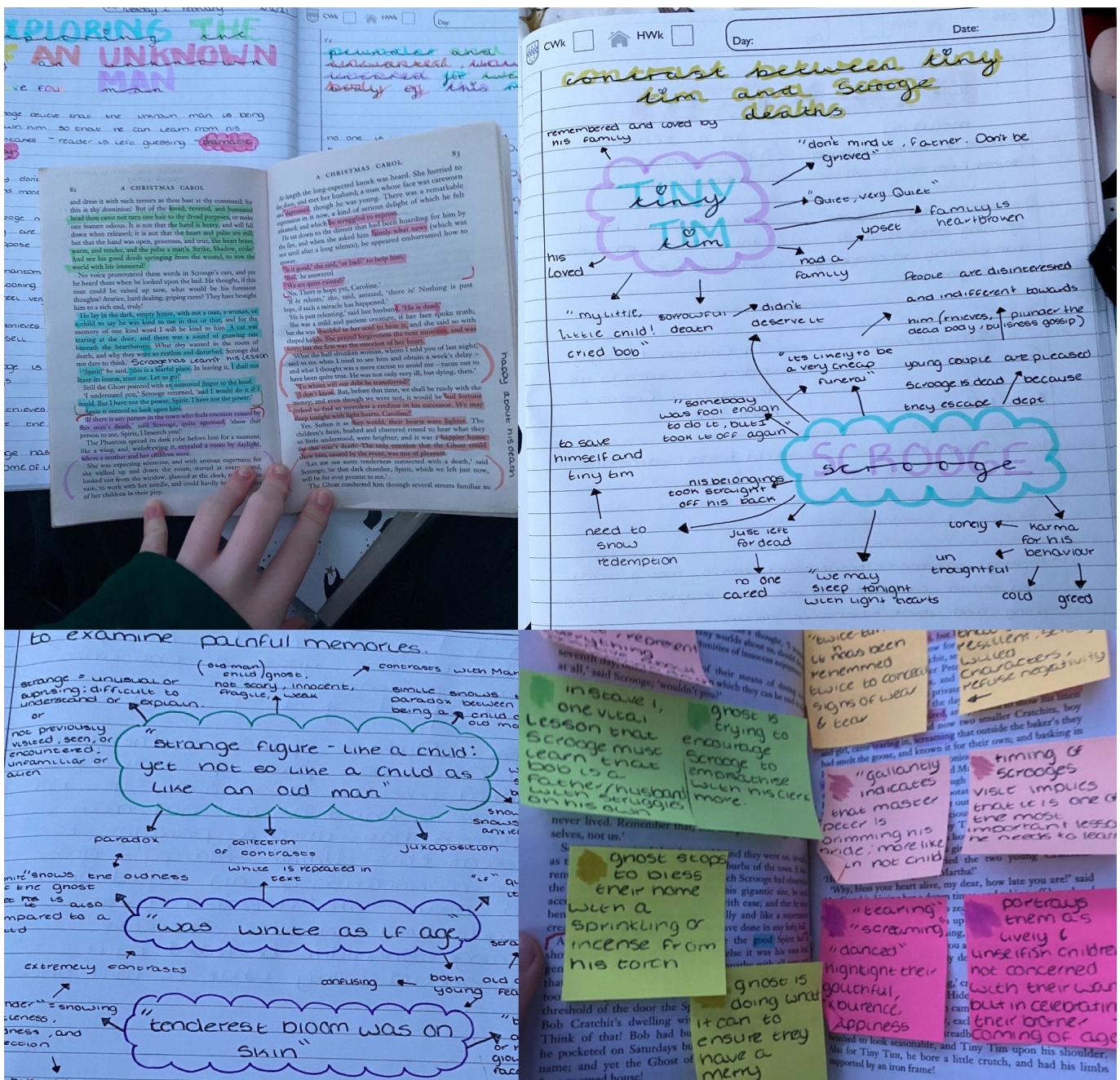


Such Fantastic English

Paige Davis 10A2 Mrs Shabir is very proud of all her hard work for English.

Maisy-Jai Wilkes, Billy Martin, Maddie Standley 7A Mrs Shabir was delighted by these lovely poetry contributions.

Daniel Masserella, Maimoonnah Sadiq 8A Mrs Shabir is impressed by these lovely pieces of work on Robert Browning.

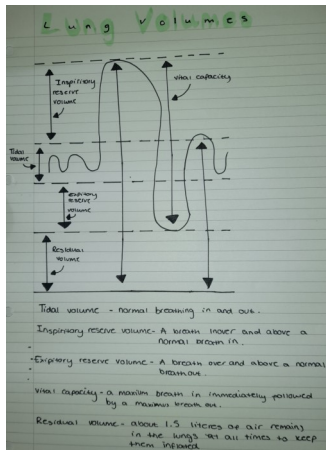


Each week, we will recognise our students for the fantastic work that they have done. Take a look through our very own 'Wall of Fame'...



Year 10, NCFE PE

Whilst studying a tough part of their Health and Fitness course, Year 10 students have shown great resilience and artistic flair with their learning of lungs and breathing! Here is the work of **Lily Mitchell, Kelsey Eades, Faith Lee McLaughlin, Lauren Riley and Lucy Steward – 10A/PE4**



Gas Exchange

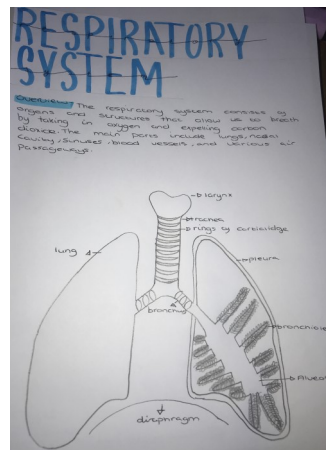
Gas exchange is the process by which oxygen and carbon dioxide move between the blood stream and the lungs. This is the primary function of the respiratory system and is essential for ensuring a constant supply of oxygen to tissues as well as removing carbon dioxide to prevent its accumulation.

What is required for gas exchange?

Gases must first dissolve in a liquid in order to diffuse across a membrane. So all biological exchange systems require a moist environment. In general the higher the concentration gradient across the gas-exchanging surface, the faster the rate of diffusion across it.

What is the importance of gas exchange?

Gas exchange is the process by which oxygen and carbon dioxide move between the blood stream and the lungs. This is the primary function of the respiratory system and is essential for ensuring a constant supply of oxygen to tissues as well as removing carbon dioxide to prevent its accumulation.



Respiratory System

The respiratory system is a biological system consisting of specific organs and structures that allow the exchange of gases in animals and plants. The anatomy and physiology that makes this happen varies greatly depending on size of the organism and the environment it lives in.

This diagram shows all the organs.

Functions: what is an interesting fact about the respiratory system?

Both of your lungs contain about 300 million tiny air sacs called alveoli, which replace the carbon dioxide in your blood with oxygen.

How big are human lungs?

In the normal adult, the lungs weigh approximately 1.25 kg. Lung volume increases from about 150 ml at birth to 1.0 litre in the adult.

Can you live with one lung?

In most cases, one healthy lung should be able to deliver enough oxygen and remove enough carbon dioxide for your body to stay healthy. Doctors call the surgery to remove a lung, pneumonectomy. Once you've recovered from the operation, you can live with one lung.

Year 10, Child Development

Whilst investigating factors affecting the development of Children, Year 10 Child Development looked at the impact of abuse. After looking at this sensitive topic, students created posters and information leaflets to show their knowledge and signpost places of support.

Miss Bartlett

Domestic Abuse

11/3/21 Child Development

Types of abuse:

- aggression
- child trafficking
- domestic violence
- neglect
- verbal abuse
- emotional abuse
- sexual child abuse

The signs of aggression that a child could become very wary about everyone and thing are around him/her. The child could also pinch, bite, hurt, beat and even hurt themselves (pinching themselves).

The signs of neglect is if the child is always looking for food, or they are extremely underweight. The child could come to school with no lunch box, ripped clothes, dirty and very moody which are signs of neglect.

When children are exposed to domestic violence, they learn to resolve their own conflicts in a violent manner and cause harm to other children.

Signs of Being anxious

Maybe seeking attention as they lack that self-harming at home.

Emotional abuse

Neglect - This is where actions or words are used to make children's self-needs for the child, which causes ongoing harm. Local child protection team.

Child line - 0800 111 1111

NSPCC - 0800 800 5000

Physical abuse

This is where children are deliberately hurt and can result in injuries such as broken bones, cuts, bruises or burns.

Signs of Being unwell

Being unwell - This is where the children are forced or coerced into sexual activity or exposed to sexual activity.

Signs of Being unwell

Being unwell - This is where the children are forced or coerced into sexual activity or exposed to sexual activity.

Ellie-Jayne Earp

Abi Whitehouse

ABUSE

Signs of abuse:

- bruises or marks
- looking how about themselves (e.g. "I'm stupid")
- bullying - taking anger out on others
- looking angry and on the inside
- climby - climbing
- silent - speaking
- headbanging
- low confidence
- difficult to relax
- injuries - anxiety
- underweight
- self-harm or self-cutting

Signs someone is being abused

- delayed or no social development
- loss of self-esteem
- social withdrawal or loss of interest or enthusiasm
- depression
- avoidance of certain situations such as returning to go to school
- respiratory system

Different types of abuse -

- Physical violence
- Sexual violence
- Emotional violence
- Psychological violence
- Verbal violence
- Financial violence

Different charities for support -

- Samaritans 116 123 (8 free phone)
- Victim Support 0800 168 9111
- The National Association for People Abused in Childhood (NAPAC) 0800 801 0331
- Childline 0800 1111
- Helpline 0800 7823 5480
- National Society for the Prevention of Cruelty to Children (NSPCC) 0800 800 5000
- Young Minds
- Hourglass

Alishba Parveen

Phoebe Bowyer

Here is a selection of some of the amazing work from **Science!**

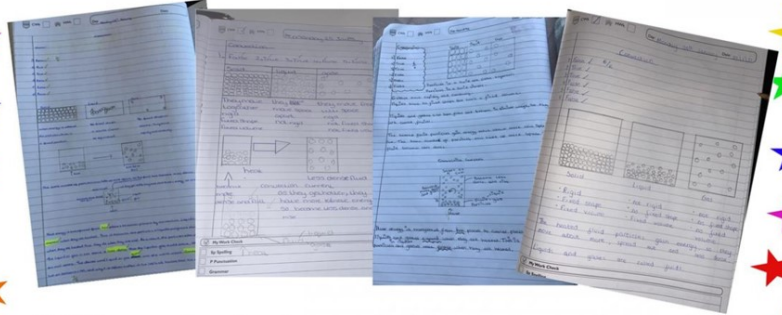
Can you be celebrated in the next News-letter?

Well done to all!

Miss Moody

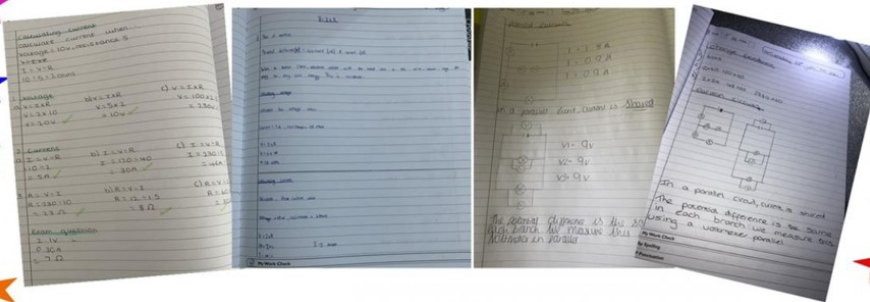


Excellent work 9B2!



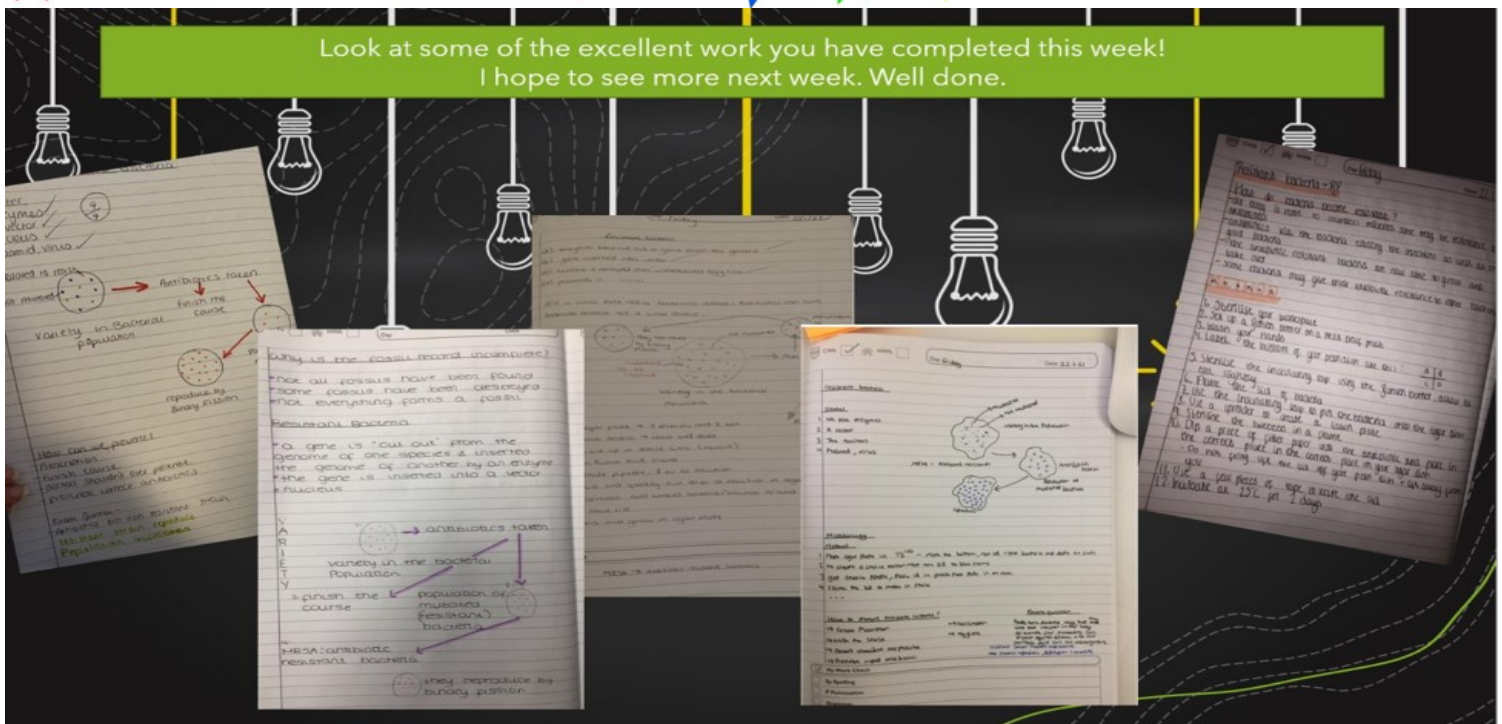
Will you be being celebrated next week?

Excellent work 10Sc3!



Will you be being celebrated next week?

Look at some of the excellent work you have completed this week!
I hope to see more next week. Well done.

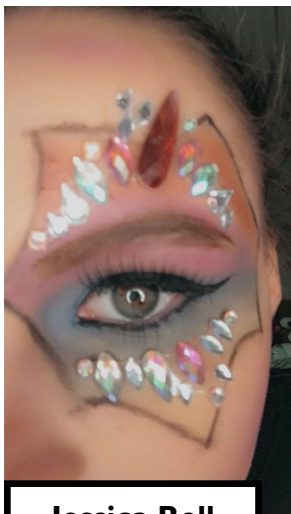




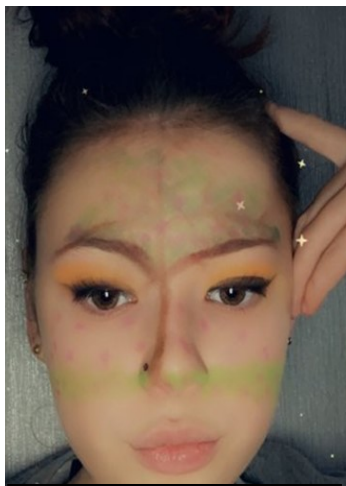
Year 9 Production Skills with Mrs Cullum-Kenyon

THEATRICAL MAKE UP

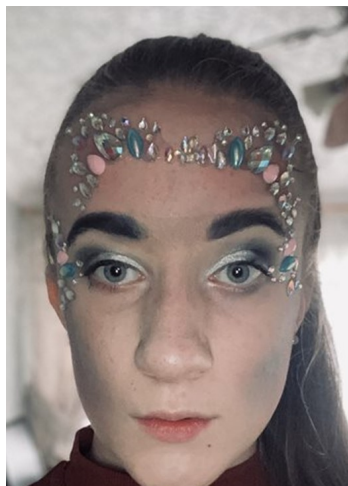
A big well-done to the following year 9 students that took their theatrical make up designs one step further.....wow! These are just a few examples of where students have applied their new knowledge delivered online and developed their skills at home.



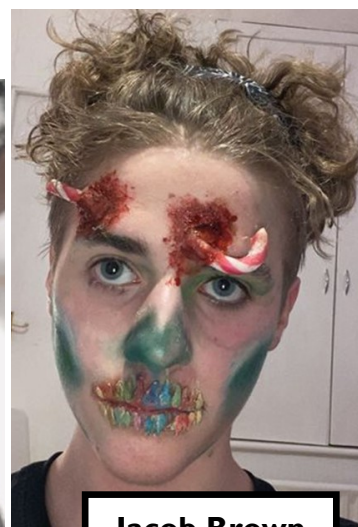
Jessica Bell



Scarlett Potter



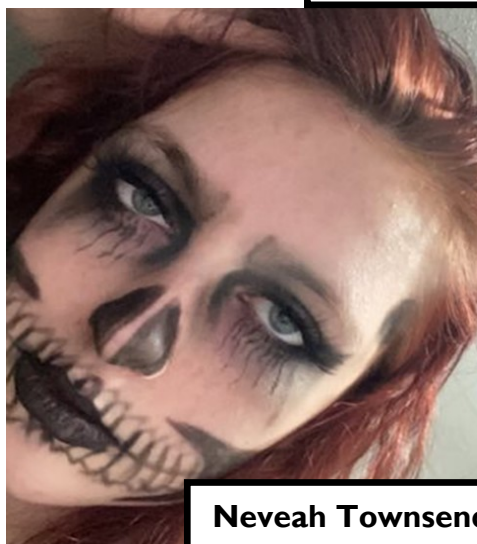
Sophie Foster



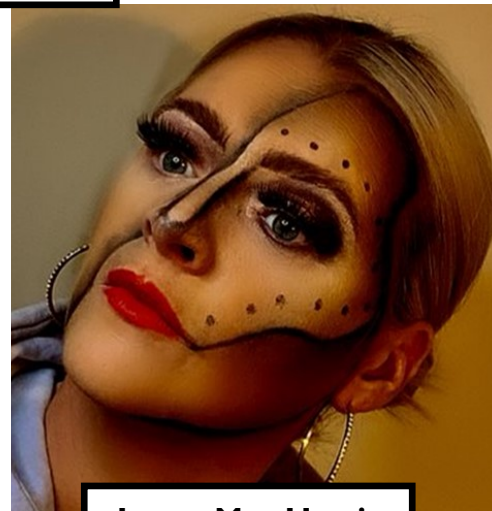
Jacob Brown



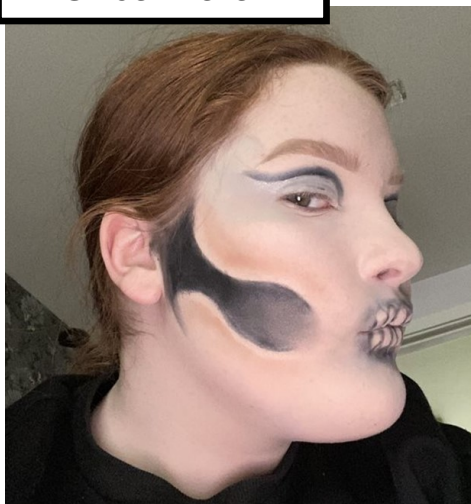
Brooke Cooper



Neveah Townsend



Lacey-May Harris



Chloe Archer

& a special thankyou to Caitlin Wood's Dad!



Chloe Holliday

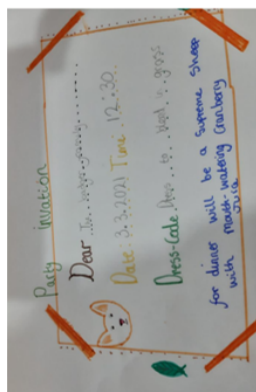


8J2- Excellent example of Performing Arts (Drama) work for Miss Keyte

Their task was to produce an invitation to Fantastic Mr Fox's underground banquet!



Archie Tunstall



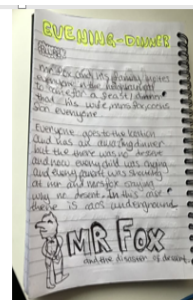
Hollie Warren



Michael Stoner



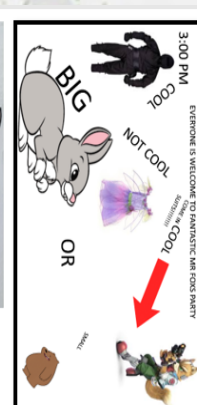
Lillianne Wilkes



Sumaya Ashraf-Din



Millie Banks



Kiyan O'Mahoney



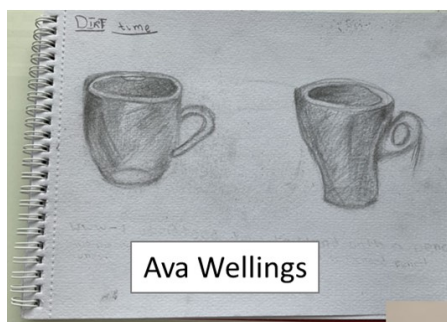
Ebony Bode



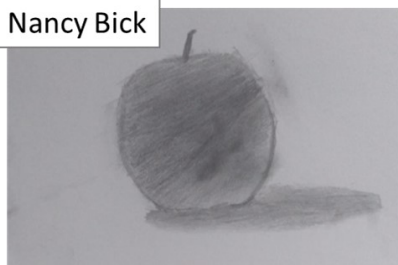
Eva Perkins



Theo Senior-King



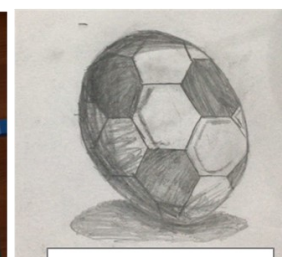
Ava Wellings



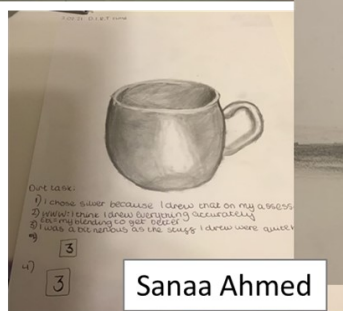
Nancy Bick



Eshel Ali



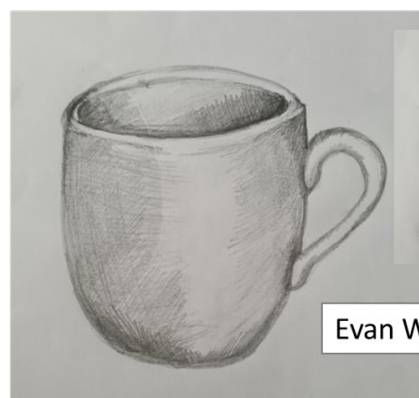
Isabelle O'Neill



Sanaa Ahmed



Evan Waugh





Year 7 EGYPTAIN INSPIRED SACARB BEETLES

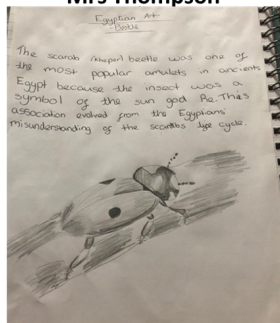
Mrs Thompson



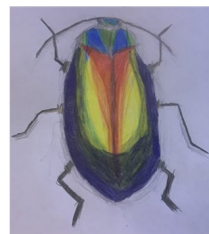
Dylan Prosser



Sanaa Ahmed



Bethany Keye



Brooke Lormier

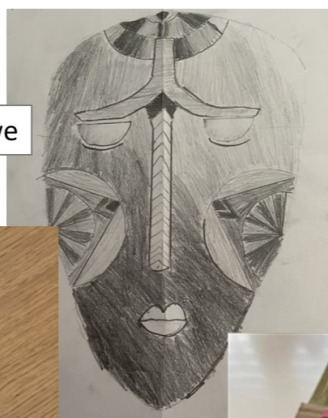


Ryan Shackleton

Year 8 AFRICAN INSPIRED MASKS

Mrs Thompson

Joseph Lowe



Jack Ford

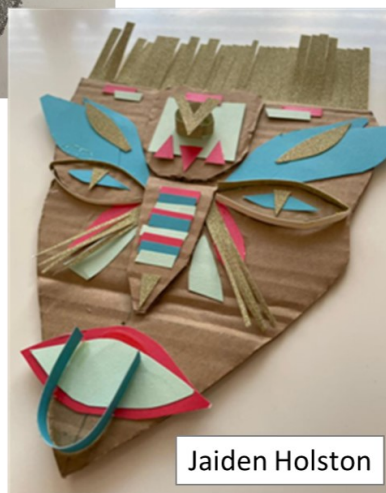


Ronit Alo

Daniel Massarella

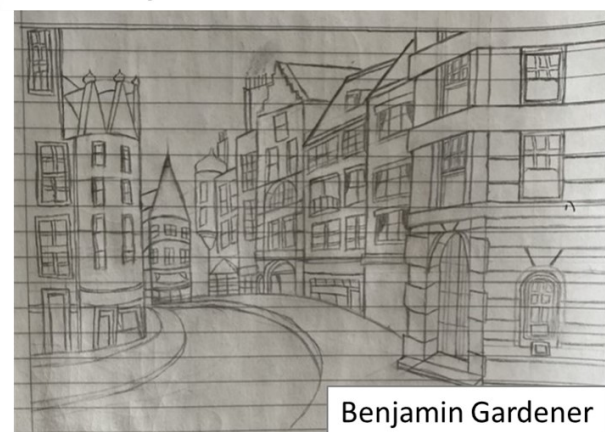


Jaiden Holston



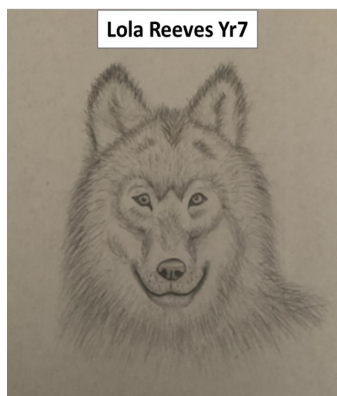
Year 9 One-point perspective D.I.R.T challenge

Mrs Thompson



Benjamin Gardener

Lola Reeves Yr7



Personal Challenge Work



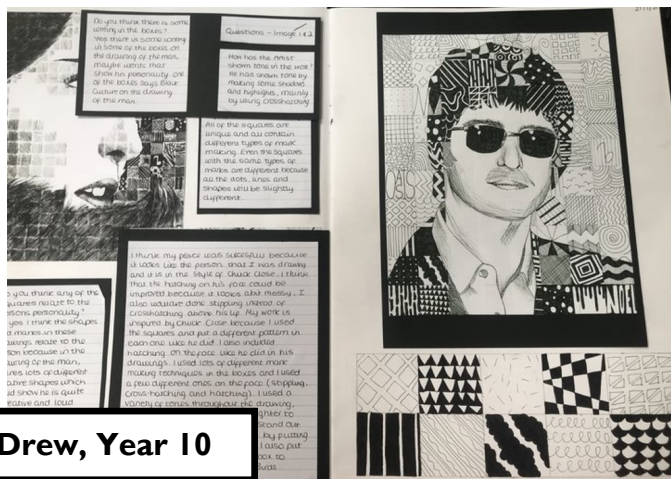
Chloe Archer Yr9



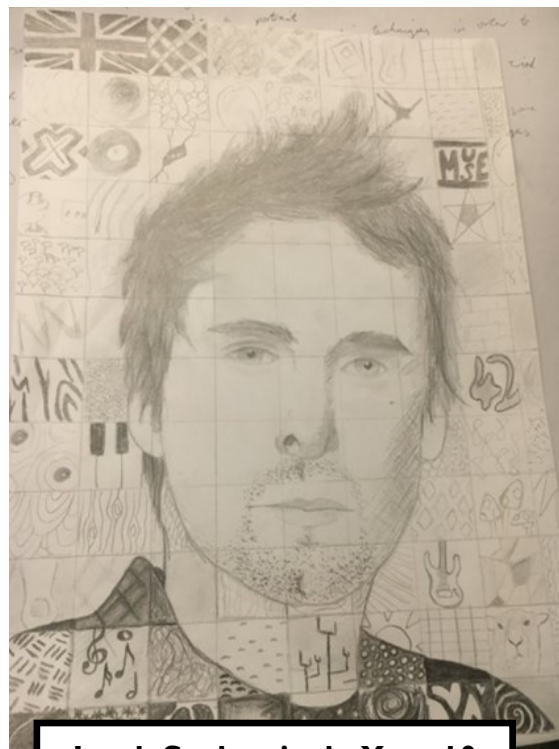
Virtual learning is not stopping the **CREATIVITY** or progress with our GCSE Art and Photography classes.

Look at this amazing work!

Well done—Miss Kennedy



Erin Drew, Year 10

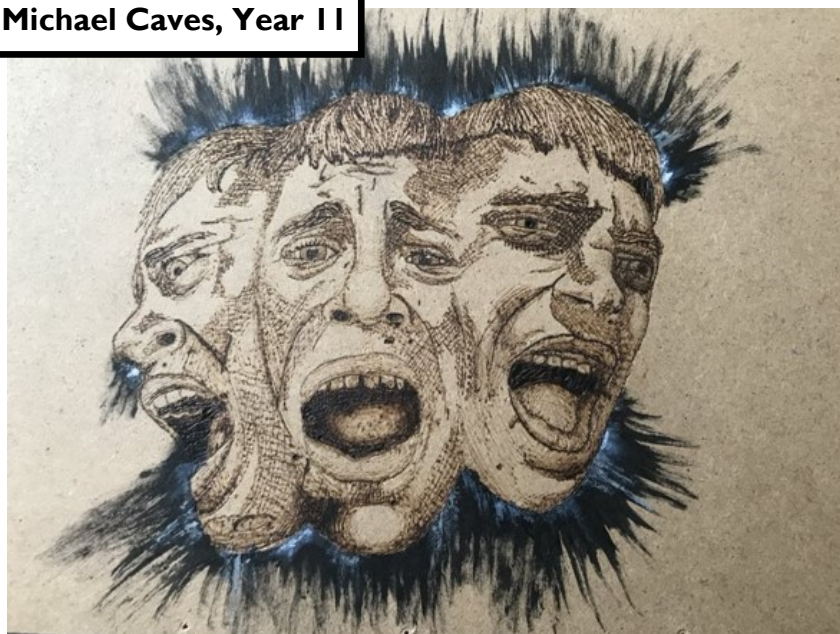


Jacob Sankarsingh, Year 10

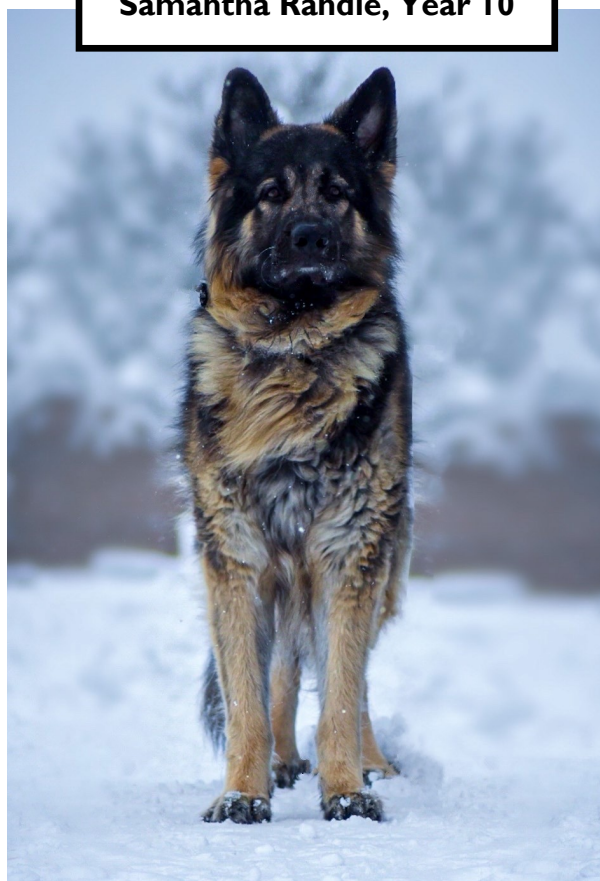


Jack Ward, Year 10

Michael Caves, Year 11



Samantha Randle, Year 10





Kieran Sale

7A2



Vinnie Evans

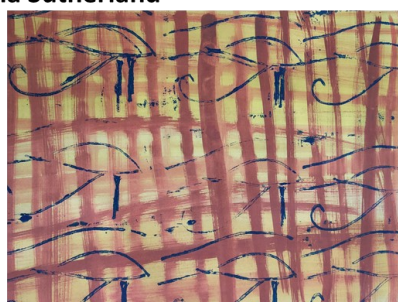
7J2



Year 7 – Some of the KV pupils in **Miss Dodd's** classes have been getting extremely creative with Egyptian inspired tessellated patterns. And also creating their own travel posters!

Layla Sutherland

7J2

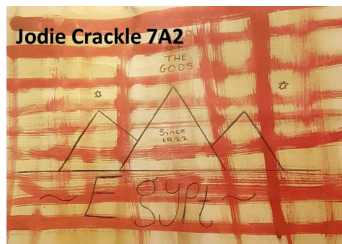


Kai Burke

7J2



Jodie Crackle 7A2



Jamie Fothergill

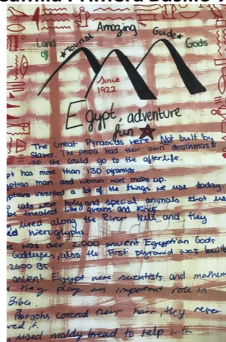
7A2



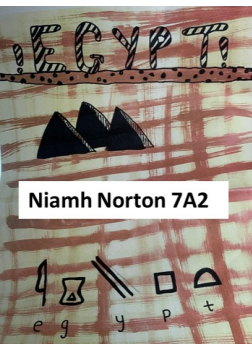
Camila Primera Basilio 7A2

Brooke Kill

7A2



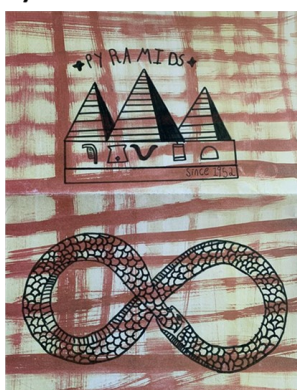
Joshua McDonough 7A2



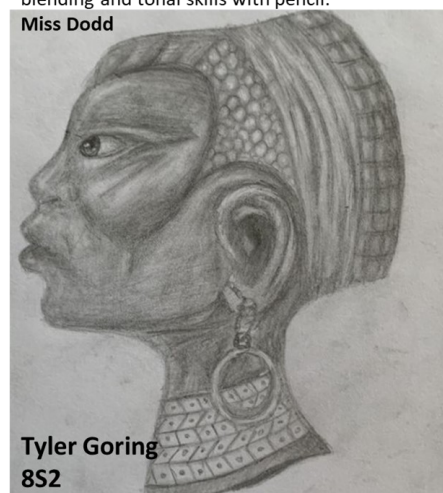
Niamh Norton 7A2

Bryony Rankin

7A2



Year 8 – Observational African portraits using blending and tonal skills with pencil.
Miss Dodd



Tyler Goring
8S2

Everest Challenge



Can your class climb Mount Everest?

The week after half term, we will be holding our very own Everest Challenge! It is **3871 FLIGHTS** of stairs to the Peak of Everest!

This will run Monday to Friday, and the steps you make will contribute to this challenge. With 50 steps = 1 flight of stairs, we ought to get our step on...

Everyday you will submit a form with your name, form group and your daily count. But, can you beat members of staff? Staff taking part will be required to submit a form everyday with their name, department and daily count.

If you can please upload evidence this could be a screenshot of a step counter app or a picture of a smart watch that counts steps.

If you cannot submit evidence please be honest with your daily count.

The top 20 individuals will be announced, along with the highest form per year, the highest department and which year group achieved the highest amount!

Good luck to all that will take part.

Enjoy the challenge!

If you have any questions, contact Miss Mills— tmills@parkhall.org

Mountains	Flights of stairs
Slieve Donard, Northern Ireland	360
Scafell Pike, England	412
Mount Snowdon, Wales	475
Ben Nevis, Scotland	587
Mount Blanc, France	2028
Mount Kilimanjaro, Tanzania	2578
Mount Everest, Nepal	3871



Everest challenge - students

1. Full name *

2. Your form group *

3. What was your total for today *

4. Please enter todays date *

5. Please upload your evidence for the steps you have completed

File number limit: 1 Single file size limit: 10MB Allowed file types: Word, Excel, PPT, PDF, Image, Video, Audio

With only 18 months to go the Commonwealth Games is moving another step closer and to help with preparations we're inviting residents, businesses, schools and organisations across the Borough to start sharing your ideas, priorities and expectations for the Games. The responses received from this survey will help inform the council's planning and investment over 2021 and 2022 – particularly ensuring that the opportunities the Games creates are relevant and accessible to everyone.



The Birmingham 2022 Commonwealth Games are happening, and take place between 28 July to 8 August. It is a once-in-a-lifetime opportunity to showcase the West Midlands on the global stage. The most dedicated, highly trained and determined athletes from across 71 nations will come together in a momentous celebration of sport, competition and community.

Solihull Council is one of the host authorities, with 6 events (Badminton, Weightlifting & Para Powerlifting, Boxing, Table Tennis and Netball) taking place at the NEC. The Council is researching what activities and events might be delivered in association with the Commonwealth Games. This short survey will contribute to that research and inform the types of activities, events opportunities the Council can consider providing for the Borough.

The survey should take approximately 5-10 minutes to complete. There are two versions, one specifically for children and young people, as well as one for all residents and stakeholders living and working in the Borough.

The survey will close at 12pm on 17th February so please participate and share before then.

- **2022 Commonwealth Games Resident & Stakeholder Survey:** <https://www.smartsurvey.co.uk/s/RQGBRG/>
- **2022 Commonwealth Games Children & Young People Survey:** <https://www.smartsurvey.co.uk/s/RQGBRG/>

Hollie Williams

North Solihull Sport Partnership Lead

School Games Organiser – North Solihull

Strategic lead – Girls' Football School Partnership

Specialist Leader in Education PE – UNITY Teaching School



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hwilliams@unitytrustsolihull.org.uk





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SPECIAL MENTION



Hello everyone,

I am **Amy Cassady** from **9S1**, and I'm just here to tell you all about the **British Heart Foundation!**

I am volunteering online to raise money and awareness for my DofE and **walking 100 miles** for my physical part of DofE. I would love it if any of you would like to sponsor me for that, but if not, it's okay! I already have a donation of £10, but don't worry, you don't have to donate that much. Any amount is helping! This is going to a great cause.

What is the British Heart Foundation?

The British Heart Foundation's work is purpose-driven, focusing on stopping heart disease, which takes 48 lives every day! They act to make a difference in the fight against heart disease by Funding high impact research, supporting emerging and leading heart health researchers.

The link to my page is here:

<https://mystepchallenge.blackbaud-sites.com/fundraising/amys-fundraiser-page2021>

Thank you, Amy Cassady.



What a fantastic half term of Pride Awards it has been.

Did you showcase P.R.I.D.E in your lessons this term?

Was you nominated? Did you get a postcard home?

Can you demonstrate these in your lessons this week?

- Participation
- Respect
- Independence
- Determination
- Energy

Participation | Respect | Independence | Determination | Energy